



# MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)

Recognized by Medical Council of India /National Medical Commission, Ministry of Health & Family Welfare, Govt. of India  
Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

## *Yoga and wellness*

Suraram 'X' Road, Jeedimetla, Hyderabad - 500 055.

Tel: 7842090952, 8688820127

Email : [mrims.2012@gmail.com](mailto:mrims.2012@gmail.com) [mallareddyhospital@gmail.com](mailto:mallareddyhospital@gmail.com) Website: [www.mrims.edu.in](http://www.mrims.edu.in)





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Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

[No.U.12012/127/2016-ME.I (FTS.3084749)]

Hyderabad,

18.06.2022

## REQUEST LETTER

To  
The Dean,  
Malla Reddy Institute of Medical Sciences,  
Suraram,  
Hyderabad.

From,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences,  
Suraram,  
Hyderabad

Sub: Requesting permission to conduct Yoga and Wellness -International yoga day program  
on 21.06.2022

Respected sir,

This is to bring to your kind notice that we would like to conduct a program on Yoga and Wellness on the occasion of international yoga day on 21.6.2022 for interns and MBBS students. We request you to kindly grant us permission to conduct the program

Thanking you sir,

*Permitted*

DEAN



Malla Reddy Institute of Medical Sciences

Yours sincerely,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences

Suraram 'X' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel: 7842090952, Email : [mrims.2012@gmail.com](mailto:mrims.2012@gmail.com) Website: [www.mrims.org](http://www.mrims.org)



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[No.U.12012/127/2016-ME.I (FTS.3084749)]

Ref: MRIMS/YOGA/2022

Date :19.6.2022

## CIRCULAR

Malla Reddy Institute of Medical Sciences is conducting program on “Yoga and Wellness; On the occasion of International yoga day on 21.6.2022” for interns and MBBS students. All the interested faculty members and HOD’s are requested to attend the program.



V. V. W. ———— ✓  
Dean

DEAN

Malla Reddy Institute of Medical Sciences

Copy to

Directors

All HODs of pre, para and clinical departments

Administrative officer

Hostel wardens

Physical Director

Suraram 'X' Road, Quthbullapur Municipality, Hyderabad - 500 055.

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Affiliation to Kaloji Narayana Rao University of Health Sciences, Warangal, Telangana.

Approved by Medical Council of India, New Delhi

Yoga and Wellness -international yoga day 2022

## PARTICIPANT DETAILS

S.NO	NAME	
1	SHAGA NANDINI REDDY	Nandini
2	SHAIK SHAROOQ	Sharooq
3	SHAIK TAJ SONA TABASSUM	Taj
4	SHAKALA SATHVIK	Sathvik
5	SHREYA SRIDHAR	Sridhar
6	SHYAM SIVA SUNDER KAVALI	Sunder
7	SIDDUGALLA NITIN HRUDAI	Nitin
8	SNIGDHA MAHANKALI	Snigdha
9	SRUTHI DOMA	Sruthi
10	SUDHARSHAN P BAGUKKUDUMBI	Sudharshan
11	SULAKSHANA APPALA	Sulakshana
12	SUMA SREE JALADI	Suma
13	TANISHA GARG	Tanisha
14	TANMAYEE RAMESH NALAVADE	Tanmayee
15	TANNERU BHANU PRATHYUSHA	Prathyusha
16	THANNEERU SANJANA	Sanjana
17	THANUGUNDLA SANJAY REDDY	Sanjay
18	V ABHINAVI	Abhinavi
19	V ADYUTI	Adyuti
20	V SRI CHAITHRA	Chaithra
21	VANDANAPU AMULYA	Amulya
22	VELDURTHI PRAVALIKA	Pravalika
23	VEMULA BALASAI	Bala
24	VISHNU CHAITANYA ANGAMPALLY	Chaitanya
25	YASASWINI NIMMAGADDA	Yasaswini
26	A ABHIKYA	Abhikya
27	A S R A SUBHAKAR	Subhakar
28	ABHISHEK S	Abhishek
29	AFNAN	Afnan
30	ANAMALLA SISIR ROHAN	Sisir
31	ANEESHA MEDA	Meda
32	ANNAPUREDDY ASHRITHA	Ashritha
33	ANUMULA GOUTHAMI	Gouthami
34	APPALA AKSHAYA REDDY	Akshaya
35	AVULA SONALI	Sonali
36	B ABHIVARNA	Abhivarna
37	B NAGA V SRI KANAKA MAHALAKSHMI	Kanaka
38	B THWISHA	Thwisha
39	BADUGU SHALINI	Shalini
40	BALDA SAI GAUTHAM	Gautham
41	BANAVATH VAMSI	Vamsi
42	BANDA PUSHKAL THANAY	Thanay



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43	BATHULA AKSHATHA	<i>Akshatha</i>
44	BEENA VENI SHIVA KRISHNA	<i>Beena Veni</i>
45	BHAMIDIPATI JANAKI	<i>Janaki</i>
46	BIDAVE KRISHNA KAILAS	<i>Kailas</i>
47	BIRADAR SARVESH GOPALRAO	<i>Sarvesh</i>
48	BUNGA THUSHITHA	<i>Thushitha</i>
49	CHAUHAN SHAKTI RAJBAL	<i>Shakti</i>
50	CHEEKATI PRANAY	<i>Pranay</i>
51	DEREDDY SAI MEGHANA	<i>Meghana</i>
52	DHAVALA ABHISHEK VISHNU	<i>Vishnu</i>
53	DIBYASHUBHRO ROY	<i>DR Roy</i>
54	DIVYA P	<i>Divya</i>
55	DONTIBOYENA HITASHI	<i>Hitashi</i>
56	DUVVURI SREEPRIYA	<i>Sreepriya</i>
57	EMMADI VENKATA SAI ABHISHEK	<i>Sai Abhishek</i>
58	ENUKONDA SHRIYA REDDY	<i>Shriya</i>
59	GADDA SATHWIK RAJ	<i>Raj</i>
60	GADDAM SANDEEP	<i>Sandeep</i>

V. U. N. W. ———— 10/10/12 ✓  
DEAN

Malla Reddy Institute of Medical Sciences







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[No.U.12012/127/2016-ME.I (FTS.3084749)]

24.06.2022

## REPORT OF THE EVENT

### “YOGA AND WELLNESS -INTERNATIONAL YOGA DAY”

**COURSE OBJECTIVES:** The main objectives of the program are:

It can be used to improve health, flexibility, strength, posture. It is not only a rewarding physical activity, but it is also a holistic lifestyle that promotes emotional well-being and good mental health.

**TRAINING METHODS** - Offline lectures and demonstrations

**RESOURCE PERSON:** Dr.Jamuna Rani, Prof Pharmacology, Member Student Welfare Committee.

**VENUE:** Malla Reddy Institute of Medical Sciences,Open Auditorium in front of central library

**DURATION:** 8am to 11am

**BATCH SIZE:** 60 participants

**DATE:** 21.06.2022

**PARTICIPANTS:** Interns and MBBS students



*[Signature]*  
DEAN

Malla Reddy Institute of Medical Sciences



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[No.U.12012/127/2016-ME.I (FTS.3084749)]

Hyderabad,

12.6.2021

## REQUEST LETTER

To  
The Dean,  
Malla Reddy Institute of Medical Sciences,  
Suraram,  
Hyderabad.

From,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences,  
Suraram,

Sub: Requesting permission to conduct Yoga and wellness - International yoga day program  
on 21.6.2021

Respected sir,

This is to bring to your kind notice that we would like to conduct a program on “Yoga and wellness - International yoga day” for interns and MBBS students. The program is scheduled on 21.6.2021. We request you to kindly grant us permission to conduct the program

Thanking you sir,

Yours sincerely,

Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences,  
Suraram,



Permitted

V.V.V.V  
20/6/21

DEAN

Malla Reddy Institute of Medical Sciences

Suraram 'X' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel: 7842090952, Email : mrimms.2012@gmail.com Website: www.mrimms.org



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[No.U.12012/127/2016-ME.I (FTS.3084749)]

Ref: MRIMS/YOGA/2021

Date : 20.6.2021

## CIRCULAR

Malla Reddy Institute of Medical Sciences is conducting program on “Yoga and wellness - International yoga day. The Course is scheduled on **21.6.2021**. All the interested faculty members and HOD’s are requested attend the program.

**DATE:21.6.2021**

**TIME: 8AM TO 11 AM**

**PARTICIPANTS: Interns and MBBS students**



V. Srinivasulu Reddy

Dean

DEAN

Malla Reddy Institute of Medical Sciences

Copy to

Directors

All HODs of pre, para and clinical departments

Administrative officer

Hostel wardens

Physical Director

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## “Yoga And Wellness - International Yoga Day”2021

### PARTICIPANT DETAILS

S.NO	NAME	
1	JANGAM SAI NITHIN	Jangam
2	JANUMPALLY SAI PRASANNA	Janumpally
3	JARUPULA SRI CHANDANA	Jarupula
4	JILLEPALLI SIDDHARTHA ROY	Jillepalli Siddhartha
5	K CHANDRA SHEKAR	K Chandra
6	K G ADITYA KUMAR	K G Aditya
7	KALAM GANESH ASHOKRAO	Kalam Ganesh
8	KALDATE VAIBHAV RAJARAM	Kaldate Vaibhav
9	KALE POOJA SATISH	Kale Pooja
10	KANDAGATLA ROHITHA	Kandagatla Rohitha
11	KARIMELLA LAKSHMI PRASANNA	Karimella Lakshmi
12	KARNATI SAMSKRUTHI	Karnati Samskruthi
13	KARROLLA SAI KRISHNA	Karrolla Sai Krishna
14	KASARLA RISHWANTH	Kasarla Rishwanth
15	KENDALE ESHWARI BALASAHEB	Kendale Eshwari
16	KHABALE SEJAL SUBHASH	Khabale Sejal
17	KHUSH SANORIA	Khush Sanoria
18	KOENA DIXIT	Koena Dixit
19	KOLUGURU PRABHAS SRINIVAS	Koluguru Prabhas
20	KONGARI PRIYA VALLABHA REDDY	Kongari Priya
21	KORUTLA UMARANI	Korutla Umarani
22	KOTA SUSHANTH NAGA KUMAR	Kota Sushanth
23	KOTHURI UHASINI	Kothuri Uhasini
24	KOYYODA MEENAKSHI	Koyyoda Meenakshi
25	KUMBHAM KEERTHIKA	Kumbham Keerthika
26	KUNCHE SOWJANYA	Kunche Sowjanya
27	KUNTA MANVITHA	Kunta Manvitha
28	M MAHANTHI	M Mahanthi
29	MADHURI OOH	Madhuri Ooh
30	MAHINDERKAR SNEHA	Mahinderkar Sneha
31	MALKAREDDY SAI PRASHASTH	Malkareddy Sai Prashasth
32	MANAGALI MEGHANA	Managali Meghana
33	MANCHIKATLA DHANUSH VISHWA	Manchikatla Dhanush
34	MEGHALI BABASAHEB KARALE	Meghali Babasaheb
35	MEKA SAHASRA REDDY	Meka Sahasra
36	MODINI SUSMITHA	Modini Susmitha
37	MOHAMMAD REHAN AHMED	Mohammad Rehan
38	MOHIT SOMANI	Mohit Somani
39	MOHMMAD SADIQ	Mohmmad Sadiq
40	MONAGARI HARSHITHA	Monagari Harshitha
41	MOURYA TUMU	Mourya Tumu
42	MUDAVATH SUPRIYA	Mudavath Supriya



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43	MUDKANNA ANIRUDH DIILIP	Drip
44	MURKUTE SAMADHAN DEVIDAS	Das
45	MUTKULE SRUSHTI HARI	Hari
46	NARAPAREDDY POOJITHA ANJU	Poojitha
47	NARRA ADHBUTH KUMAR	Adhbuth
48	NIKAM SAKSHI TANAJI	Sakshi
49	NIRAS AAKANKSHA DNYANOBA	Aakanksha
50	NUNEMUNTHALA NUTHAN PRASAD	Nuthan Prasad
51	P MAHESH SAI	Mahesh
52	PALADUGU SAI KARTHIK	Karthik
53	PALLAVI PRADHAN	Pradhan
54	PALLE MOKSHA REDDY	Moksha
55	PANTHANGI BHARGAVI	Bhargavi
56	PANUGANTI MAHESH	Mahesh
57	PATEL CHANDAN JAGDISH	Chandany
58	PATHAKOTTU KARTHEEK REDDY	Karthik
59	PATHARE ABHISHEK BHASKAR	Abhishek
60	PAWAR ANVESH	Anvesh
61	PRACHI UPADHYAY	Prachi
62	PRATHAM GILDA	Pratham
63	PREETHAM KUMAR REDDY KAYATHI	Preetham
64	PUTANKAR SAI NIKHIL KUMAR	Nikhil
65	R VAISHNAVI	Vaishnavi
66	RACHANA KANDUKURI	Rachana
67	RAJAVATH GANESH	Rajavath
68	RAJE POOJA SUNIL	Pooja
69	RAJESULWAR VAISHNAVI	Rajesulwar
70	RATHI MITALI SANJAY	Mitali
71	RATHOD RAHUL	Rahul
72	RATNA RUTHVIK	Ratna

V.V.V. ———— DEAN

DEAN

Malla Reddy Institute of Medical Sciences





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[No.U.12012/127/2016-ME.I (FTS.3084749)]

25.06.2021

## REPORT OF THE EVENT

### Yoga and wellness - International yoga day

#### COURSE OBJECTIVES:

This day is celebrated to raise awareness about the benefits of yoga. Yoga has various physical and mental benefits. This yoga practice includes many physical exercises such as breathing, postures, and mental exercises such as meditation or dhyanyog.

TRAINING METHODS - Offline lectures and hands on workshop

MATERIALS – PowerPoint presentation and live demonstration on models

RESOURCE PERSON: Dr. BI Naveen kumar, Prof Anatomy, Member Student welfare committee

VENUE: Malla Reddy Institute of Medical Sciences, Auditorium in central library

DURATION: 8am to 11am



BATCH SIZE: 72 participants

DATE: 21.6.2021

PARTICIPANTS: Interns and MBBS students



Suraram 'X' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel: 7842090952, Email : mrimms.2012@gmail.com Website: www.mrimms.org



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[No.U.12012/127/2016-ME.I (FTS.3084749)]

## REQUEST LETTER

Hyderabad,

18.06.2020

To  
The Dean,  
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Hyderabad.

From,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences,  
Suraram.

Sub: Requesting permission to conduct Yoga and Wellness -International Yoga day program  
on 21.6.2020

Respected sir,

This is to bring to your kind notice that we would like to conduct a program on Yoga and Wellness on the occasion of International yoga day on 21.6.2020 for interns and MBBS students. We request you to kindly grant us permission to conduct the program

Thanking you sir,

Yours sincerely,

Dr.T K Rajasree

Prof & HOD Anatomy

Co-Ordinator

Students welfare committee

*Permitted*

*V.V.V.V. 20/06/20*



DEAN

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[No.U.12012/127/2016-ME.I (FTS.3084749)]

Ref: MRIMS/YOGA/2020

Date : 19.6.2020

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*U. V. Rao*  
Dean

DEAN

Malla Reddy Institute of Medical Sciences

Copy to

Directors

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Administrative officer

Hostel wardens

Physical Director

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Affiliation to Kaloji Narayana Rao University of Health Sciences, Warangal, Telangana.  
Approved by Medical Council of India, New Delhi

## Yoga and Wellness -international yoga day 2020 PARTICIPANT DETAILS

S.NO	NAME	sign
1	SHAGA NANDINI REDDY	Nandini
2	SHAIK SHAROOQ	Sharooq
3	SHAIK TAJ SONA TABASSUM	Tabassum
4	SHAKALA SATHVIK	Sathvik
5	SHREYA SRIDHAR	Shreya
6	SHYAM SIVA SUNDER KAVALI	Shyam
7	SIDDUGALLA NITIN HRUDAI	Nitin
8	SNIGDHA MAHANKALI	Snigdha
9	SRUTHI DOMA	Sruthi
10	SUDHARSHAN P BAGUKKUDUMBI	Sudharshan
11	SULAKSHANA APPALA	Sulakshana
12	SUMA SREE JALADI	Suma
13	TANISHA GARG	Tanisha
14	TANMAYEE RAMESH NALAVADE	Tanmayee
15	TANNERU BHANU PRATHYUSHA	Prathyusha
16	THANNEERU SANJANA	Sanjana
17	THANUGUNDLA SANJAY REDDY	Sanjay
18	V ABHINAVI	Abhinavi
19	V ADYUTI	Adyuti
20	V SRI CHAITHRA	Sri chaithra
21	VANDANAPU AMULYA	Amulya
22	VELDURTHI PRAVALIKA	V. Pravalika
23	VEMULA BALASAI	Sai
24	VISHNU CHAITANYA ANGAMPALLY	Vishnu chaitanya
25	YASASWINI NIMMAGADDA	Yasaswini
26	A ABHIKYA	Abhikya
27	A S R A SUBHAKAR	Subhakar
28	ABHISHEK S	Abhishek
29	AFNAN	Afnan
30	ANAMALLA SISIR ROHAN	A.S. Rohan
31	ANEESHA MEDA	Aneesha
32	ANNAPUREDDY ASHRITHA	Ashritha
33	ANUMULA GOUTHAMI	A Gouthami
34	APPALA AKSHAYA REDDY	Akshaya Reddy
35	AVULA SONALI	Sonali A.
36	B ABHIVARNA	Abhivarna
37	B NAGA V SRI KANAKA MAHALAKSHMI	Sri Kanaka Mahalakshmi
38	B THWISHA	Thwisha
39	BADUGU SHALINI	Shalini
40	BALDA SAI GAUTHAM	Sai
41	BANAVATH VAMSI	Vamsi
42	BANDA PUSHKAL THANAY	Pushkal



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44	BEENA VENI SHIVA KRISHNA	Chirsa Krishna
45	BHAMIDIPATI JANAKI	Janaki
46	BIDAVE KRISHNA KAILAS	K
47	BIRADAR SARVESH GOPALRAO	B.S. Gopalrao.
48	BUNGA THUSHITHA	Thiithe
49	CHAUHAN SHAKTI RAJBAL	Shakti Raj bal
50	CHEEKATI PRANAY	Chekati Prany
51	DEREDDY SAI MEGHANA	Sai Meghana
52	DHAVALA ABHISHEK VISHNU	Vishu
53	DIBYASHUBHRO ROY	Dibyashubh Roy.
54	DIVYA P	Divyap.
55	DONTIBOYENA HITAIISHI	Hitaishi
56	DUVVURI SREEPRIYA	Sree Priya
57	EMMADI VENKATA SAI ABHISHEK	Sai Abhishek.
58	ENUKONDA SHRIYA REDDY	Shriya
59	GADDA SATHWIK RAJ	Sathwik Raj
60	GADDAM SANDEEP	Sandeep.
61	GADDAM SREE SADVIKA	Sadwika
62	GADDAM SREENIDHI YADAV	Sreenidhi
63	GOTETI SWETHA	Swetha
64	GREESHMA VANGARU	Greeshma.
65	GUNAGUNTLA SOWKYA	Sowkya.
66	GUNJE MAHADEV SWAROOP	Swaroop Gunje
67	GUNTAKA PAVANI	Pavani
68	GUTTE TANAYA BALAJI	T. Balaji
69	HARSH KUMAR	Harsh.
70	HEDA SHRIYA RAJESH	Shriya
71	HRITHIKA HANSA LEKHA VINAY	Vinay.
72	INIKA V	Inika V
73	J SAI YESHWANTH	Yeshwanth.
74	JABEZ DAVID JOHN	Jabez David John
75	JAGRUTHI REDDY ARRA	Jagruthi
76	JAVVAJI SATHVIKA	Sathika
77	K ALEKHYA	Alexhya.
78	K JOSHUA ABHILASH BABU SINGH	Joshua
79	K SAUMYA DHANRAJ	Saumsa Dhanyaj
80	KADAM ADITI AMBADAS	Aditi



V. N. S. Rao

DEAN

Malla Reddy Institute of Medical Sciences



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[No.U.12012/127/2016-ME.I (FTS.3084749)]

24.06.2020

## REPORT OF THE EVENT

### “Yoga and Wellness -International yoga day”

**COURSE OBJECTIVES:** The main objectives of the program are:

It can be used to improve health, flexibility, strength, posture. It is rewarding physical activity, but it is also a holistic lifestyle that promotes emotional well-being and good mental health.

**TRAINING METHODS** –Online lecture

**MATERIALS** – PowerPoint presentation, Dr.BI Naveen kumar, Prof Anatomy, Member Student welfare Committee

**RESOURCE PERSON:** Dept of Community medicine

**VENUE:** Zoom meeting

**DURATION:** 8am to 11am

**DATE:** 21.06.2020

**PARTICIPANTS:** 80 Interns and MBBS students



V. V. Rao

DEAN

Malla Reddy Institute of Medical Sciences



Suraram 'X' Road, Quthbullapur Municipality, Hyderabad - 500 055.

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# MALLA REDDY INSTITUTE OF MEDICAL SCIENCES

(SPONSORED BY : CHANDRAMMA EDUCATIONAL SOCIETY)

Recognized by Medical Council of India, Ministry of Health & Family Welfare, Govt. of India

Affiliated to Kaloji Narayanarao University of Health Sciences, Warangal, Telangana.

[No.U.12012/127/2016-ME.I (FTS.3084749)]

## REQUEST LETTER

Hyderabad,

15.6.2019

To  
The Dean,  
Malla Reddy Institute of Medical Sciences,  
Suraram,  
Hyderabad.

From,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences,  
Suraram.

Sub: Requesting permission to conduct a program on Yoga and Wellness Programme-  
International Yoga Day on 21.6.2019

Respected sir,

This is to bring to your kind notice that we would like to conduct a program on Yoga and Wellness Program- International Yoga Day on 21.6.2019 for Interns and MBBS students .We request you to kindly grant us permission to conduct the program

Thanking you sir,

Yours sincerely,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator

Students welfare committee  
Malla Reddy Institute of Medical Sciences

*Permitted*

*V.N.V. 10/6/19*

DEAN  
Malla Reddy Institute of Medical Sciences



Suraram 'X' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel: 7842090952, Email : mrimms.2012@gmail.com Website: www.mrimms.org







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Affiliation to Kaloji Narayana Rao University of Health Sciences, Warangal, Telangana.  
Approved by Medical Council of India, New Delhi

## PARTICIPANT DETAILS International Yoga Day 2019

S.NO	NAME	
1.	CHADADEEP ARJUN KUMAR	Arjun
2.	CHALWADE ANUJ ANIL	Anuj
3.	CHANDA NAVYA	Navya
4.	CHARVIKA LAKAVATH	Lakavath
5.	CHATIRI PRANITHA	Pranitha
6.	CHERUKU CHANDRAKUMAR	Chandru
7.	CHERUKURI HARISH CHOWDARY	Harish
8.	CHINTAMANI SRI SHARAN	Sharan
9.	D ABHINAV KISHORE REDDY	Kishore
10.	DEEGUTLA SAI PRIYA	Priya
11.	DEEKSHA SHUKLA	Deeksha
12.	DEPA VENKAT REDDY	Venkat
13.	DEVA KAVYA	Kavya
14.	DEVSOTH VIKRAM	Vikram
15.	DODLA POOJASREE	Poojasee
16.	DOMMETI SAMBHAVI	Sambhavi
17.	E NITHIN KUMAR	Nithin
18.	E SRI GOWRI PRAVALLIKA	Pravalika
19.	ETHNOORI PRANITHA	Pranitha
20.	FATHIMA ASHRAF	Ashraf
21.	G SHREYA REDDY	Shreya
22.	GADE V S S L SUBHADRA	Subhadra
23.	GANGALA SAI MOHIT YADAV	Mohit
24.	GANGISHETTI AMOOLYA	Amoolya
25.	GATTU LAYA	Laya
26.	GOODA KAVYA	Kavya
27.	GUNDALA AAKANKSHA	Aakanksha
28.	H V VAISHNAVI	Vaishnavi
29.	HARIVISHNU C B	Rishnu
30.	HAZARI JAHNAVI	Jahnavi
31.	IRUGULA VARSHITHA	Varshitha
32.	ITAL SANKALP ANAND	Anand
33.	J SRINIVAS DATTA PRASAD	Prasad
34.	JALA AKHILA	Akhila
35.	JOSHUA SURESH PALAPARTHI	Suresh
36.	K HARSHITHA SREE	Harshitha
37.	K SUMASRI	Sumasri
38.	KAGITHA VENKATA SAI SHASHANK	Shashank
39.	KALLURI CHANDANA RAO	Chandana
40.	KAMBHAMPATI HARI CHANDANA	Chandana
41.	KANDIKONDA SWATHI	Swathi
42.	KARANJE DEEPIKA	Deepika



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43.	KARLPALEM R V H SAI RITESH	Ritesh
44.	KAVERI NUKALA	Nuka
45.	KAVYA GANGAVARAPU	Ka
46.	KETHANA BHARAT SUHAS	Bh
47.	KIRAN R SHINE T P	Kiran
48.	KOLAKATLA SHRAVAN KUMAR	Sh
49.	KOMMU PADMA	Padma
50.	KOTLA RAMYA SREE	Ramya
51.	KRISHNA GANESH BHARADWAJ JONNAVITHULA	Ganesh
52.	KUNSOTH TRISHA	Trisha
53.	KURA VAISHNAVI REDDY	Vaish
54.	KUSUMARAJU SHARANYA	Sharanya
55.	MANDALA LAVANYA	Lavanya
56.	MEESALA SURENDRA	Surendra
57.	MERIGA SOWBHAGYA	Sowbha
58.	MIRYALA ANVITHA	Anvi
59.	MOGILI VAISHNAVI	Vaish
60.	MOHAMMED AMER MOHIUDDIN	Amer
61.	MOHAMMED RIYAN SIDDIQUI	Rijan
62.	MOHITH RAO DODDAVARAPU	Mohith
63.	MOMULA NEHA	Neha
64.	MUKTHA SIDDHARTHA NAIDU	Muktha
65.	MUTTABOINA ANISHA	Anisha

V.V.1/15

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[No.U.12012/127/2016-ME.I (FTS.3084749)]

Hyderabad,

18.06.2018

## REQUEST LETTER

To  
The Dean,  
Malla Reddy Institute of Medical Sciences,  
Suraram,  
Hyderabad.

From,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences,  
Suraram,  
Hyderabad

Sub: Requesting permission to conduct Yoga and Wellness -International Yoga Day  
Programon 21.06.2018

Respected sir,

This is to bring to your kind notice that we would like to conduct a program on Yoga and Wellness -International yoga day for Interns and MBBS students. The program is scheduled on 21.06.2018. We request you to kindly grant us permission to conduct the program

Thanking you sir,

Yours sincerely,  
Dr.T K Rajasree  
Prof & HOD Anatomy  
Co-Ordinator  
Students welfare committee  
Malla Reddy Institute of Medical Sciences,  
Suraram.

*Permitted*

*V.V.N. →*

DEAN

Malla Reddy Institute of Medical Sciences



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[No.U.12012/127/2016-ME.I (FTS.3084749)]

Ref: MRIMS/YOGA/2018

Date :19.06.2018

## CIRCULAR

Malla Reddy Institute of Medical Sciences is conducting program on “Yoga and Wellness - International Yoga Day” for interns and MBBS students. The Program is scheduled on 21.06.2018. All the interested faculty members and HOD’s are requested to attend the program.

All the students are instructed to bring yoga mat or blanket and dress code is white only. Everyone should assemble in MRIMS,cricket ground sharp at 8am. Attendance is mandatory.



V.Venugopal Rao

Dean

DEAN

Malla Reddy Institute of Medical Sciences

Copy to  
Directors  
All HODs of pre, para and clinical departments  
Administrative officer  
Hostel wardens  
Physical Director

Suraram 'X' Road, Quthbullapur Municipality, Hyderabad - 500 055.

Tel: 7842090952, Email : mrimms.2012@gmail.com Website: www.mrimms.org







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Approved by Medical Council of India, New Delhi

## YOGA AND WELLNESS -INTERNATIONAL YOGA DAY 2018

### PARTICIPANT DETAILS

S.NO	Name	Sign
1	SAI SREE HANITHA GELLI	
2	SAKSHI SHRIVASTAVA	
3	SANNAGARI AKHANKSHA REDDY	
4	SAYEDA RUKHSAR ALTAF	
5	SEEDAM NARESH	
6	SHABNAM UPADHYAY	
7	SHAIK UZMA SADIA	
8	SHETTYPALLY SAHITH	
9	SHRADHA PANDE	
10	SHRUTI CHANDEL	
11	SIDDI APOORVA	
12	SIRIKONDA NIHARIKA	
13	SNEHA TALAKANTI	
14	SOLKAMPALLY PRATHIUSHA REDDY	
15	SUBODH KANDARAM	
16	SUMAN DAS	
17	T ROHIT	
18	TADIPARTHI ADITHYA VARDHAN REDDY	
19	TAHASEEN JAHAN	
20	THALACHIRU SUSHMA CHOWDARY	

N.V.V. → ←

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21	KAPPALA SIDDHARTHA SWAROOP	Siddharth
22	KASARAPU AKHIL	Akhil
23	KATHAM SUPRIYA	Supriya
24	KATLA SAI PRASANNA	Prasanna
25	KATTOJ KAVYA	Kavya
26	KEDAM BHAVANA	Bhavana
27	KEDHASI MONIAKSHITHA	K.B
28	KEMBASARAM BABITHA	Babitha
29	KONDABATHINI SOUJANYA	Soujanya
30	KOTHA SONY PATEL	Sony
31	KOTHAKAPA SRI LAKSHMI	Lakshmi
32	KUNAL NATHANIEL DASS	Nathaniel
33	LAKMARAPU CHINMAI	Chinmai
34	LAXMI MAHITA REDDY PARIPATI	Mahita
35	M CHARAN NAIK	Charan
36	M KARTEEK SAI	Karteek
37	MADHUSHA VEMULA	Vemula
38	MALKADI THILAK	Thilak
39	MALKOLLA SHALINI	Shalini
40	MAMILLAPALLI SAI KOWSIK	Kowsik
41	MANAV AGARWAL	Manav
42	MANCHI RACHANA	Rachana
43	MANNEM SNEHA	Sneha
44	MAREDDY SAHITHI REDDY	Sahithi
45	MATTAM KRANTHI CHARAN	Kranti
46	METI PRANAYKUMAR REDDY	Pranay
47	MIHIR RANJAN GHADAI	Ranjan
48	MUCHU ASHRITHA	Ashritha
49	MUKKALA SHIVA MANASA REDDY	Manasa
50	N SATHWIK A REDDY	Sathwika
51	KAPPALA SIDDHARTHA SWAROOP	Siddharth
52	KASARAPU AKHIL	Akhil
53	KATHAM SUPRIYA	Supriya
54	KATLA SAI PRASANNA	Prasanna
55	KATTOJ KAVYA	Kavya
56	KEDAM BHAVANA	Bhavana
57	KEDHASI MONIAKSHITHA	K.B
58	KEMBASARAM BABITHA	Babitha
59	KONDABATHINI SOUJANYA	Soujanya
60	KOTHA SONY PATEL	Sony
61	KOTHAKAPA SRI LAKSHMI	Lakshmi
62	KUNAL NATHANIEL DASS	Nathaniel
63	LAKMARAPU CHINMAI	Chinmai
64	LAXMI MAHITA REDDY PARIPATI	Mahita



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Sl. No.	Name	Signature
65	M. GHARAJI NAIK	Gharaji
66	M KARTEEK SAI	Koosurt
67	MADHUSHA VEMULA	Madhushe
68	MALKADI THILAK	Thilak
69	MALKOLLA SHALINI	Shalini
70	MAMILLAPALLI SAI KOWSIK	Sai
71	MANAV AGARWAL	Manav
72	MANCHI RACHANA	Rachana
73	MANNEM SNEHA	Sneha
74	MAREDDY SAHITHI REDDY	Sahithi
75	MATTAM KRANTHI CHARAN	Charan
76	METI PRANAYKUMAR REDDY	Pik-R
77	MIHIR RANJAN GHADAI	Ranjana
78	MUCHU ASHRITHA	Ashrita
79	MUKKALA SHIVA MANASA REDDY	S.M.R.
80	PITTALA SAI SWETHA	Swetha Sai
81	POKAR NIKHIL PATEL	Nikhil
82	PRASHANT KUMAR SAH	Prashant
83	PREETHIKA BATHINI	Preethika
84	PRODDUTURI NIKITHA	Nikitha
85	PUVVALA NIKHITHA	Nikhitha
86	R AISHWARYA	Aishwarya
87	R SAI KRISHNA VARDHAN REDDY	R.S.K.V.R.
88	RACHARLA HARSHINI	Harshini
89	RAJEEV REDDY THATIPARTHI	Rajeev
90	RAJPUT VYJAYANTHI	Vyjayanthi
91	RAMANIKA LATHA SASHI	Latha
92	RAMIREDDY SULEKHA	Sulekha
93	RAMSAGAR SAURAV SAGAR	Saurav
94	RAMYA SREE M	Ramyasree
95	RUPASVIN KANNEGOLLA	Rupasvin
96	RUTTALA AJAYKUMAR	Ajay
97	SAI REETHIKA CH	Reethika
98	SAI SANTHOSH REDDY VORIGANTI	Santhosh
100	SAI SREE HANITHA GELLI	Hanitha



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101	SARSHI SHRI VASAVA	Reddy
102	SANNAGARI AKHANKSHA REDDY	Reddy
103	SAYEDA RUKHSAR ALTAF	Altaf
104	SEEDAM NARESH	Nareesh
105	SHABNAM UPADHYAY	S. Upadhyay
106	SHAIK UZMA SADIA	Sk
107	SHETTYPALLY SAHITH	Sahith
108	SHRADHA PANDE	S. Pandey

V.V. Rao

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